

Make your own Journal

Materials needed:

- Paper (any color you want)
- Writing utensil (pencil, marker, crayon, colored pencil, etc.)
- Stapler or hole puncher
- Ribbon or string if hole puncher is used

Directions:

1. Choose the piece of paper you want as your cover and fold it in half

hamburger style



2. Choose approximately 10 pages of paper you want for the inside of your journal. (I chose regular printer paper) Fold these hamburger style (you can

fold them all together).



3. Staple or hole punch your journal to bind it. If you choose to hole punch, use string or ribbon or something of the like to keep your journal together.







4. If you want to, decorate the front cover and write your child's name.





- 5. Let your child write, draw, to their hearts content.
 - a. Giving children a space to practice their pencil skills even if they are not writing letters yet is super important for building small motor skills such as grip, hold, etc.



