Teen November Survey

Topics Teens Shared That They Think Adults Need to Know

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Topics from each category:

**Things they’re hiding from adults:**
- Smoking
- Making “bad choices”

**That they have their own identities:**
- Teens are not the same as the adults in their lives
- Adults aren’t always right

**Expressing Needs:**
- Mental health struggles & feeling overwhelmed
- Needing time and space for themselves
- Wishing to feel more valued and understood by the adults in their lives
- Wanting to make more of their own decisions

**Describing Self and Friends:**
- Teens are creative
- Teens love to have fun
- Teens are cooler than adults
- Teens are goofy/crazy/funny/silly
Popular responses from each topic area:

**Activities:**
- Dance
- Role playing games like D&D

**How-To Tutorials:**
- Hair
- Nails
- Cooking

**Book Talks:**
- Graphic Novels/Manga
- Fantasy/Sci-Fi

**Careers:**
- Music production
- Law enforcement
- Science

**Life Topics:**
- Friendship/bullying
- Stress Relief
- Relationships

**Favorite Holiday Foods by Type**

- Appetizers and Sides: Stuffing and Rolls (26%)
- Main Dishes: Ham, Turkey, and Biryani (19%)
- Desserts: Pies and Cakes (16%)
- Restaurant Foods: McDonald’s (16%)
- Most popular types of each dish:
  - Appetizers and Sides: Stuffing and Rolls
  - Main Dishes: Ham, Turkey, and Biryani
  - Desserts: Pies and Cakes
  - Restaurant Foods: McDonald’s

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